

This Summer Take It OFF with Confidence



Contours Express[®]
The Better Idea in Women's Gyms![™]



YOU GOT IT! You have it hidden within you, now you can *bring it back* this summer! Commit yourself to taking off the extra pounds with our 29 minute workout and reveal your confidence at the pool or beach. Our weight equipment has proven superior to hydraulic equipment and is recommended by doctors. With our specially designed weights made just for women's bodies, you'll be looking toned, trim and shapely in no time. See why we are quite simply, The Better Idea in Women's Gyms!

COME VISIT US TODAY!
8650 N Sam Houston Parkway E
Humble, TX 77396

Call today (281) 458-PINK

\$99 Enrollment!

(reg. \$169). Expires 05/31/2008.
Summer Bootcamp classes offered in April
and May. Call for more information!